

# Long Preston EVA Primary School Newsletter

# November



A member of The Ribblesdale Federation of Schools – *Do everything in love (1 Corinthians 16:14)*

Welcome to our **November** Newsletter. We hope you all had a lovely half term break with time well spent making the most of the great outdoors as well as having time to recharge your batteries!



**Dates for Diaries 2022/23** (Please note diary dates may change and dates will also be added throughout the academic year)

Tuesday 1st November	Swimming Tuition at Settle Swimming Pool (Starlings Class only)
Friday 4th November	FOLPS Film Night Dog Trust Workshop
Monday 7th November	Childhood NHS Team in to deliver the Flu Nasal Spray Vaccine
Wednesday 9th November	School Photographs (Morning session - more information to follow)
Friday 11th November	Remembrance Day (Assembly 10.50am in honour of Remembrance Day, please arrive by 10.45am)
Friday 18th November	Children in Need Wear spots (non-uniform day)
Thursday 1st December	Advent Service St Mary's Church, Long Preston 10.30am - All welcome
Tuesday 13th December	Long Preston Christmas Lunch (Pupils only)
Thursday 15th December	Long Preston Nativity at St Mary's Church, Long Preston 10.30am
Friday 16th December	School closes at 3.30pm for the Christmas holidays
Tuesday 3rd January (2023)	Teacher INSET Day
Wednesday 4th January	Start of term for pupils
Friday 10th February	School closes at 3.30pm for half term
Wednesday 20th February	Start of term for pupils
Friday 31st March	School closes at 3.30pm for the Easter holidays
Monday 17th April	Teacher INSET Day
Tuesday 18th April	Start of term for pupils
Monday 1st May	Bank Holiday
Tuesday 2nd May	Pupils return to school
Friday 26th May	School closes at 3.30pm for half term
Monday 5th June	Start of term for pupils
Friday 21st July	School closes at 3.30pm for the Summer holidays
Monday 24th July & Tuesday 25th July	Teacher INSET Days

## Federation Sporting Achievements - Tag Rugby

On Friday 14th of October we spent a wonderful afternoon with our fellow Federation Schools attending the Tag Rugby Tournament at Giggleswick School. A big thank you all those involved in making this event so much fun! We had the most amazing afternoon playing Tag Rugby. Well done to all the pupils across The Ribblesdale Federation for demonstrating true sportsmanship, yet again, you all did us proud!



## Open Afternoons & Parental Consultations

A big thank you to those who attended our Open Afternoon and Phonics Open Evening in October. It was lovely to see you all. We would also like to thank those who responded to our Parental Consultations. Thank you for taking the time to speak to our team about the progress your child is making at school. We hope you found these sessions informative. Please continue to stay in touch with all things school related and ask if you need anything, as we are always happy to make the time for each and every one of our school families.



## A Wonderful Musical Medley

Last month we spent one of our lovely assemblies with the music team from North Yorkshire County Council. This wonderful team had travelled from as far as Scarborough to be with our Federation and gave us a taster of their amazing talents. It was truly magical! This included some familiar compositions - such as, Harry Potter, James Bond and The Pink Panther Theme! **Please refer to email sent on the 14/10/22 for details / information regarding what NYCC musical services can provide.**



## Our Worry Monster

For those new to our school, we would like to introduce a very important member of our school family, our Worry Monster! Whilst it may be cold outside, our wonderful Worry Monster is enjoying a much warmer climate with plenty of time to read your worries and assist. If you would like to leave a message, please pop it on a piece of paper and place this in our friendly Monster's mouth. As the colder weather is now approaching, please remember to come to school wearing a warm coat; pupils also need to bring in a named hat and gloves on colder days.



## Autumn Disco & Seasonal Activities

Thank you to those who attended our Autumn Disco in October, pupils thoroughly enjoyed this event and it was lovely for us to get together as a Federation and socialise. Updates will follow with reference of funds raised.

If you are attending bonfire events this month, please stay safe and follow the firework code.

<https://www.britishfireworksassociation.co.uk/firework-advice-for-consumers/>



## Dogs Trust

On Friday the 4th of November we have the wonderful charity, The Dog Trust coming in to our school to deliver a fun workshops with our pupils. The aim of this workshop is to help our pupils to understand how to behave around dogs and to keep themselves safe. It is going to be a lovely session for everyone to enjoy.



*...At the eleventh hour on the eleventh day of the eleventh month, we will remember them...*



Please see 'Notice Board' section for additional events for your diary!

November 22  
Whole School Attendance: 96.6%



## Notice Board (Other Events)

### Themed Lunch Days

Friday 4th November 22 Bonfire Night



Tuesday 13th December 22 Christmas Dinner

### Anti-Bullying Week & Odd Socks Day (Week commencing: 14th November 2022)



ABA are official organisers of Anti-Bullying Week and Odd Socks Day

Anti-Bullying Week 2022 will take place from Monday 14th - Friday 18th November

wear your odd socks to school to show your support!

Kindness is our superpower!



### Remembrance Assembly & Poppy Appeal

Our weekly assembly time will be at 10.50am in honour of Remembrance Day on **Friday 11th November** (please arrive at school by 10.45am, if you are able to attend).

This year we will be supporting the Poppy Appeal which will be launched in school this week. Please give what you can - Thank you!



### Settle Rotary Club

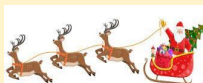
Santa's Sleigh Visits to Hellfield & Long Preston

Monday 5th December 5 to 7pm (North of railway bridge)

Tuesday 6th December 5 to 7pm (South of railway bridge)

Thursday 8th December 5 to 7pm Long Preston Village

Please see local press for other locations!



### School Photographs

Individual and sibling photos with Julia Kennedy

([www.juliakennedy.com](http://www.juliakennedy.com))

Morning session: Wednesday 9th November 22

(More information to follow)

Pupils to be smartly dressed and to bring their best smiles!



JULIA



KENNEDY

### Children in Need

Friday 18th November

(Wear Spots - More information to follow)



### Singing At Settle Lights Switch On

Saturday 26th November

Please see local press for more information



### Long Preston EVA School

Advent Service & School Nativity

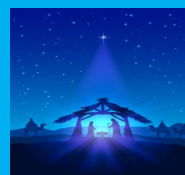
Advent Service: Thursday 1st December (10.30am)

School Nativity: Thursday 15th December (10.30am)

Both events to be held at

St Mary's Church, Long Preston

All welcome



Long Preston VA Primary School

# Stay & Play



Thursday 3rd November 2022

2.15pm - 3.15pm

Join us in the Little Wrens Nursery at Long Preston VA Primary School for an afternoon of messy play and fun.



Come and be a part of our exciting new adventure!



## NHS - Information for Schools

### The National Child Measurement Programme (Height and weight checks for children in Reception and Year 6)

Every year in England, school children in Reception (aged 4-5 years) and Year 6 (aged 10-11 years) have their height and weight checked at school as part of the National Child Measurement Programme (NCMP).

Height and weight measurements are used to calculate weight status. This information is collected because it is in the public interest to understand how many children are overweight, healthy weight or underweight and so support and advice can be offered to parents.

The checks are carried out by trained health care providers, and are delivered in a COVID-safe way. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

NCMP measurements are conducted in a sensitive way, in private and away from other children. Individual results are not shared with your child or their school. The weight and height information is shared only with you in the parent or carer feedback letter. It is your choice if you share the information with your child.

Once the measurements have been carried out, parents/carers get a letter with the results. They may also be contacted by the NCMP staff who will talk through their child's results and offer advice and support.

**These measurements will be taking place in our school soon (for those year groups). If your child is due to be measured you will receive a letter to explain more about it.**

If you are worried about your child's weight, please have a look at: <https://www.northyorks.gov.uk/healthy-weight-support-children-young-people-and-families>

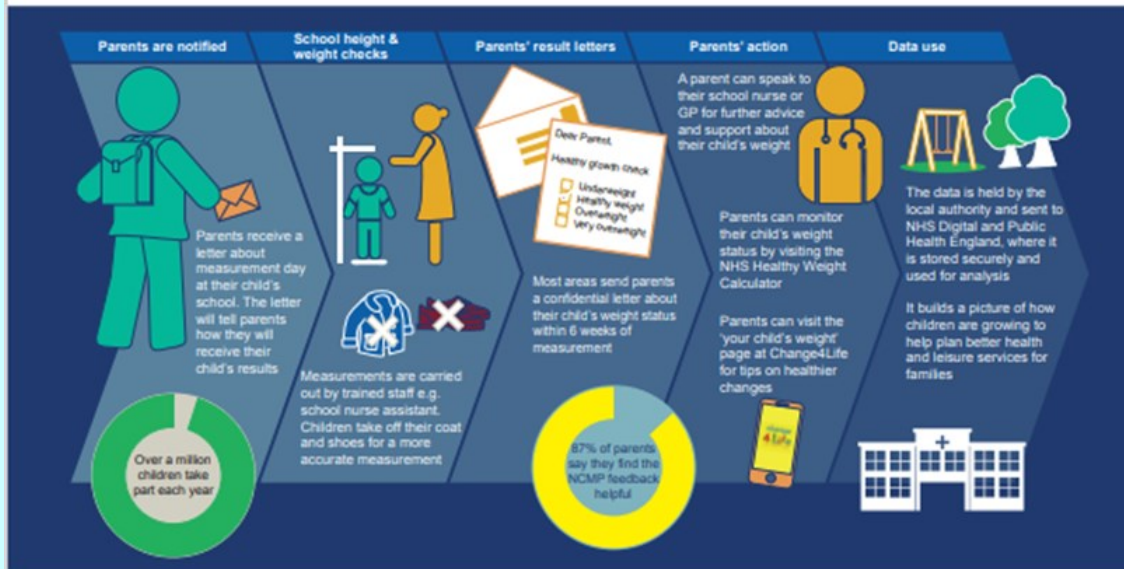
If you would like some information about cost saving ideas, free school meals, food banks, financial support etc. please go to: <https://healthyschoolsnorthyorks.org/parents/>



# NHS - Information for Schools (Continued)

## School height and weight measurements

Every year, throughout England, more than a million children in Reception and Year 6 have their height and weight measured at school as part of the National Child Measurement Programme



### What we know from the data collected so far

- Most children in Reception and Year 6 are a healthy weight.
- Around one in ten children in Reception is very overweight. This doubles to one in five children by year 6.
- The number of very overweight children in Year 6 is increasing year on year.
- Most children who are overweight in Reception will remain so or become even more overweight for their age by year 6 without action to achieve a healthier weight.

Because many children are overweight, we are all becoming used to seeing heavier children as the norm. It means we cannot always tell when a child is overweight. That is why many parents find it helpful to have an objective measurement of how their child is growing. More than 8 in 10 parents say this information is helpful and they can then make decisions about their child's lifestyle and wellbeing to make changes, or seek support if necessary.

### Why achieving a healthy weight is important

When children are a healthy weight, they feel better about themselves. They find it easier to play and learn. And they are more likely to grow up healthy too. Helping them to be a healthier weight when they are a child can set up their health and wellbeing for life.

You can encourage the whole family to enjoy eating healthily and being active which will help your child achieve and maintain a healthier weight. Children who see their parents, grandparents and carers following a healthy and active lifestyle tend to join in and learn by example. These habits become a normal part of everyday life for the whole family.