

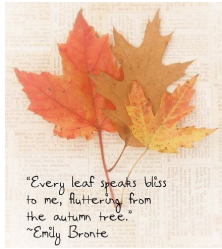


Long Preston EVA Primary School



A member of The Ribblesdale Federation of Schools – fostering a love of learning through collaboration and fun

Welcome to our **October Newsletter**. It is lovely to see our new pupils settling in and making lots of new friends within their classes and with other classes, they have all been very busy! As the weather is getting colder, please make sure that pupils come to school wearing a warm waterproof coat etc and if very wet a pair of wellies would be great! School Council Election Day - Wednesday 20th October. One child from each year group will be nominated. Please could you support your child/children at home should he/she wish to put him/herself forwards to come up with a campaign. Just a gentle reminder that the deadline for applying for a secondary school place is the end of this month; please refer to the email sent in September for details. We also have the NHS vaccination team coming in on the 29th of November to distribute the Flu Nasal Spray. You will need to complete a consent form online to access this important vaccine. Please ensure your consent form has been submitted (as soon as possible). Thank you to those who have already completed and



Dates for Diaries 2021

(Please note diary dates may change due to Covid-19 and dates will also be added throughout the academic year)

W/C 4th October	Settle Swimming Pool closed for a refurbishment until Monday 25th October
W/C 11th October	Parental Telephone Consultation Week
Wednesday 20th October	School Council Election Day
Friday 22nd October	Puppet Extravaganza Reception & Year 1 pupils attending Giggleswick Primary School (See letter sent via email for details) School closes at 3.30pm for half term
	Autumn half term
Sunday 31st October	Current Year 6 Deadline for Year 7 Application Forms (Please also see email) https://www.northyorks.gov.uk/apply-place-primary-or-secondary-school
Monday 1st November	Start of term for pupils
Monday 29th November	Flu Nasal Vaccine NHS Team attending school. Consent to be given online (More information to follow)
Friday 17th December	School closes at 3.30pm for half term
	Christmas half term holiday



Outdoor learning Our new state of the art playground structure is well on the way and we are very much looking forward to when this is fully completed. It is going to be amazing!

It's Good to Grow with Morrisons!

As Britain's biggest food maker, Morrisons want to get the next generation growing and we fully support this wonderful venture.

If you shop at Morrisons, for every £10 you spend (in store or online) you get a Grow Token to help your child's school to get everything they need to get growing! By doing this our school will be able to exchange the Grow Tokens for Free gardening equipment for our wonderful outdoor space. The more our pupils know about how food is grown and made, the better they'll eat, now and in the future. To take part join **MyMorrisons** today to collect your Grow Tokens. 1 token for every £10 you spend!



In PE Robins have been travelling around the space safely in different ways and we have been learning how to perform a 'log roll'. We listened to instructions carefully and worked with our partner, taking turns to perform our log rolls.

Starlings class have been learning about what life was like in The Middle Ages. We learnt how they would have cooked food on a real fire. Thankfully, our outdoor classroom had plenty of open space, but in medieval times, the peasant's houses had no windows! We cooked potatoes and made hot chocolate on the fire.



Harvest On Monday 4th October, we celebrated our Harvest Festival in school. This was the first time in two weeks that we have been able to come together in the hall as a whole school, so we were able to celebrate that too! The Robins all wore their autumn crowns and sang a lovely song about growing food from seeds. The Starlings shared some of their fruit and vegetable art work and read about things they are thankful for. Several of the Owls volunteered to read Harvest poems they had written in class. Everyone enjoyed singing the Harvest Samba song. We received generous donations of food that we will be sending to the food bank. Thank you to all the families that were able to contribute to this.



September Whole School Attendance 82.9%



School Attendance

Excellent attendance at school is essential to ensure that your child has the best chance of success. The Government expectation for attendance is a **minimum of 97%** and parents have a legal responsibility to ensure that their child attends regularly and on time. Anything less than 97% gives cause for concern. I am sure you will appreciate that school attendance is always a priority for us as a Federation and with the added challenges of a global pandemic, this is something we closely monitor. Under the Provisions of Section 7 of the Education Act 1996, it is the duty of all parents to ensure their children receive an efficient, full time education following the terms of North Yorkshire Local Authority's Code of Conduct. If this does not happen they have the authority to issue a Penalty Notice. A Penalty Notice is a fine of £60, if paid within the first 21 days of issue, which rises to £120 if paid after 21 days but within 28 days. The Local Authority will consider taking legal action if the Penalty Notice is not paid after 28 days of the date of issue. Legal action may result in a fine of up to £1,000 and a criminal record for each parent/carer. This is why it is extremely important that all pupils attend school if they are fit and well. We do ask that you continue to follow the guidance in relation to Covid-19 symptoms:

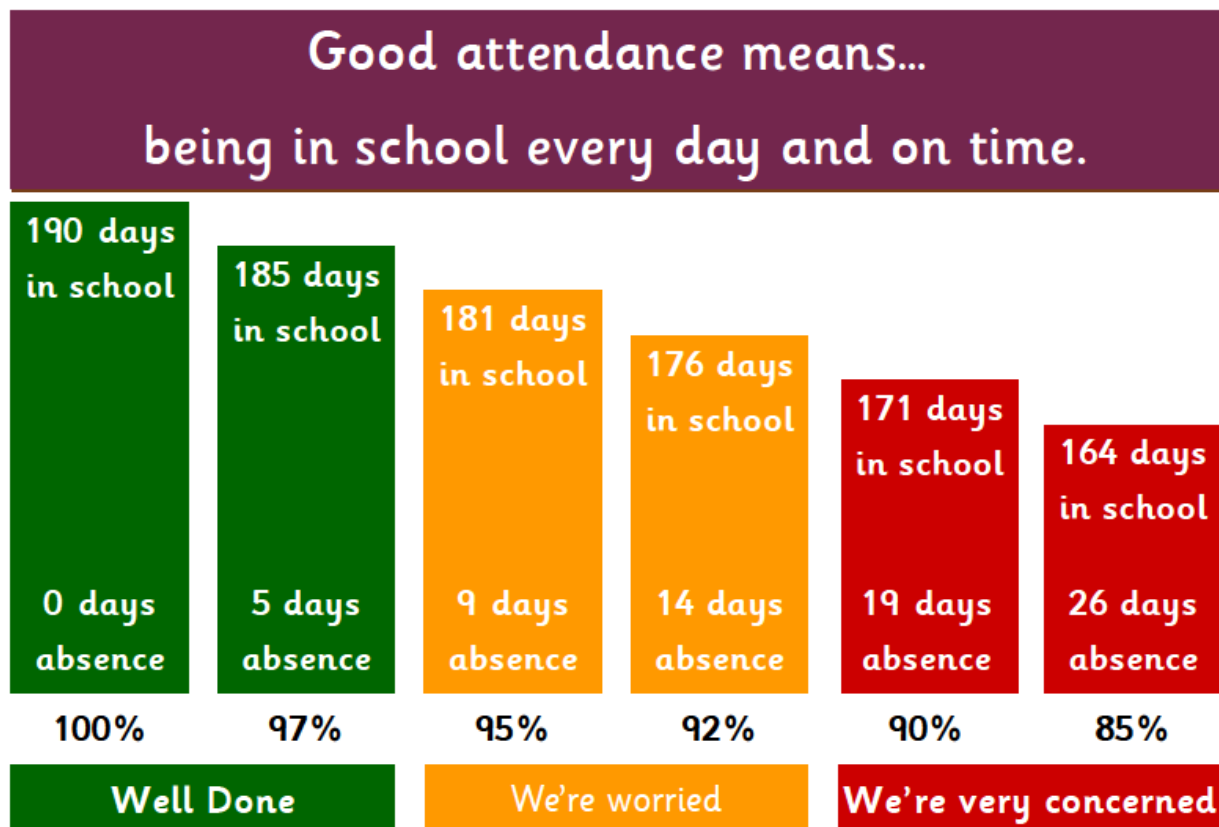
The three main symptoms of COVID-19 remain a fever (temperature 37.8OC or higher), a new continuous cough, or a change to/loss of taste or smell.

However, other commonly reported symptoms of the Delta variant include: headache, sore throat, tiredness, and cold-like symptoms, so please be aware of these as well and stay at home and seek testing if you are in any doubt.

Lateral flow testing are available via this link:

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> PCR tests are available via this link: <https://www.gov.uk/get-coronavirus-test> (There is no charge for test kits).

We ask that all family holidays are planned during the scheduled holiday periods, as these absences have to be recorded as unauthorised (following the DFE code of conduct). Ten unauthorised absences can trigger a fine of £60 (per child). Please note that absences are recorded as AM and PM sessions (2 sessions per day); a full week away from school is ten valuable educational sessions missed. As a school we have a legal obligation to inform the LA if your child has missed ten unauthorised sessions. If you do not give us a reason why your child is absent from school and we have tried to make contact with you to ask, this will be recorded as unauthorised. The odd day here and there without a valid reason can build up - with the possibility of triggering a fine. This is why it is very important to contact school if your child is absent so we can log their absence correctly on our school database. We also ask that you provide appointment cards please. Please work with us weekly to help us to gain 100% attendance across The Ribblesdale Federation of Schools, thank you.



Allergies

May we also remind you that all three of our Federations schools are Nut-Free!

The following items should not be brought into school:

- Packs of nuts, Peanut butter sandwiches, Fruit and cereal bars that contain nuts
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Cakes made with nuts

Risks: This is to avoid the risk of anyone on our premises who has a nut allergy having an Anaphylaxis shock which is an allergic condition that can be severe and be potentially fatal. Thank you in helping us to keep the children in our care safe!



Local Support

If you know of anyone who may be experiencing issues with addiction and/or mental health, here is a link to a local contact within our region: <https://www.rehab4addiction.co.uk/country-wide/drug-alcohol-rehab-yorkshire>

Rehab 4 Addiction is a UK-based addiction and mental health helpline. This link offers awareness and support surrounding the issues of mental health and excessive drug and alcohol-use. Each year, Rehab 4 Addiction helps thousands of people within the county of Yorkshire. <https://www.rehab4addiction.co.uk/about> (If you know of anyone who may need help or support, please share this information -



Edibles - Please be aware!

There is a concern locally about the use of **edibles** by a small number of young people which has resulted in some requiring medical assistance. We are writing to share information with you about edibles and how to support children and young people who may have access to them. **What are edibles?** Edibles are food products that may contain cannabis. There are many forms of edibles, including sweets, gummies and lollipops. They usually contain – or are marketed as containing - a number of chemicals, many of which are harmful and controlled under the Misuse of Drugs Act (1971) including tetrahydrocannabinol (THC). THC is the psychoactive compound in cannabis and can make people feel a range of effects, while cannabidiol (CBD) is the nonpsychoactive chemical compound which does not have the same effect. Any CBD product containing THC is illegal in the UK.

The sweet versions are widely available on the internet and via social media and may be easily accessed by young people. The packaging is often deliberately targeted to attract young people. There is **NO quality control of these products**. What are we worried about? The amount of cannabis in these products can vary greatly and sometimes other harmful drugs are added too. The effects of consuming edibles are unpredictable and it can be very easy to accidentally take a larger dose. **Edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream through the liver.**

Because it takes longer, the person taking them may end up consuming larger amounts of the drug while thinking the drug isn't working. As edibles may look like other products, there is also the risk someone may ingest them without realising they contain drugs - this could include other children in the home. Displayed side effects may include: paranoia, panic attacks, nausea, impaired mobility, hyperactivity, elevated heart rate, hallucinations What can you do? We recommend monitoring food packaging/ wrappers, looking for wording such as CBD or THC suggesting the items are cannabis oil infused.

Please be mindful of the medical needs should a child present with symptoms, or if you suspect they have consumed a drug-laced substance. In a medical emergency call 999. If you are made aware of any social media accounts advertising these items, we ask you report this information to the police, school or Crime Stoppers.

Websites: The following websites are really helpful sources of information for children, young people, and their parents and carers: Talk to **FRANK** – the government's drug advice website/helpline and their specific page on cannabis - <https://www.talktofrank.com/drug/cannabis> For friendly, confidential advice, Talk to **FRANK** on 0300 1236600.



To follow 'The Ribblesdale Federation of Schools' via Twitter - please go to '@FedRibblesdale'

This is a protected account and only confirmed followers will have access to the Tweets and our complete profile.

Please help our followers to grow!

Thank you for your continuing support from all the team at Long Preston Primary School /

