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Please help our followers to grow! Thank you for your continuing support from all the team at Hellifield C.P. School Part of The Ribblesdale Federation of Schools)

Do everything in love (1 Corinthians 16:14)







PETS AS THERAPY

Come along and meet Jane and Buddy... he loves to give cuddles and likes tummy tickles too!

South Craven Community Library Every Monday 4.30-5.30pm Starting 22nd April 2024

Parent/Carer Support Group Supporting Emotional and Mental Health



THIS MONTHS TOPIC: SUPPORTING YOUR CHILD: ANGER AND FRUSTRATION



In this months Parent Support Group, we will be discussing supporting children and young people when they experience anger and frustration. Within the session, we will think about helpful strategies that can be used to support with these feelings.

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## 🔀 <u>mhstparentsupport@bdct.onmicrosoft.com</u>

#### Children using mobile phones

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EE offer Phone Smart an activity based learning page to help children understand what having a phone entails and to be kind. Here is the link below which may be helpful:

https://eephonesmart.co.uk/



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